



# Central Bucks School District Elementary School Lunch Menu December 2022

## Build Your Own Snowman 5th



You can add money to your students account at [Myschoolbucks.com](http://Myschoolbucks.com)  
Or  
Send a check with your child made out to CBSD

## DATES THAT RATE

2<sup>nd</sup> Early Dismissal  
12<sup>th</sup> Early Dismissal  
13<sup>th</sup> Early Dismissal  
9<sup>th</sup>, 20<sup>th</sup> Lucky Tray Days  
23<sup>rd</sup> No School for Students

## 1 Popcorn Chicken With Dinner Roll

~~~~~  
BYO Pizza  
PB&J Pack  
Taco Salad  
Juicy Pears  
Grape Tomatoes  
Choice of Milk

## 2 Early Dismissal No Lunch Served Today

## 5 Build Your Own Snowman Pancakes with Raisins Bacon and Hash browns

~~~~~  
Cheese Sub  
BYO Pizza  
PB&J Pack  
Applesauce  
Cucumber Slices  
Choice of Milk

## 6 Walking Nachos With Mexi-Corn

~~~~~  
Cheese Sub  
BYO Pizza  
PB&J Pack  
Mixed Fruit  
Pepper Strips  
Choice of Milk

## 7 Cheese Pizza<sup>v</sup> or Pepperoni Pizza

~~~~~  
Cheese Sub  
BYO Pizza  
PB&J Pack  
Peaches  
Corn  
Choice of Milk

## 8 Vegan Nuggets<sup>v</sup> or Chicken Nuggets with creamy rice

~~~~~  
Cheese Sub  
BYO Pizza  
PB&J Pack  
Juicy Pears  
Grape Tomatoes  
Choice of Milk

## 9 Lucky Tray Day Penne with Alfredo Penne, alfredo and Chicken

~~~~~  
Cheese Sub  
BYO Pizza  
PB&J Pack  
Orange Smiles  
Broccoli  
Choice of Milk

## 12 Early Dismissal No Lunch Served Today

## 13 Early Dismissal No Lunch Served Today

## 14 Cheese Pizza<sup>v</sup> or Buffalo Chicken Pizza

~~~~~  
Ham & Cheese Sandwich  
Pretzel & Yogurt Meal  
PB&J Pack  
Peaches  
Corn  
Choice of Milk

## 15 Grilled Cheese with Tomato Soup

~~~~~  
Ham & Cheese Sandwich  
Pretzel & Yogurt Meal  
PB&J Pack  
Juicy Pears  
Grape Tomatoes  
Choice of Milk

## 16 Hot Dog or Buffalo Mac & Cheese<sup>v</sup>

~~~~~  
Ham & Cheese Sandwich  
Pretzel & Yogurt Meal  
PB&J Pack  
Orange Smiles  
Broccoli  
Choice of Milk

## 19 Scrambled Ranchero Breakfast Wrap with sour cream

~~~~~  
Chef's Choice Sandwich  
Muffin Meal  
PB&J Pack  
Apple Slices  
Cucumber Slices  
Choice of Milk

## 20 Lucky Tray Day Cheese<sup>v</sup> or Chicken & Cheese Fajita w/ black bean salsa

~~~~~  
Chef's Choice Sandwich  
Muffin Meal  
PB&J Pack  
Mixed Fruit  
Pepper Strips  
Choice of Milk

## 21 Cheese Pizza<sup>v</sup> or Pepperoni Pizza

~~~~~  
Chef's Choice Sandwich  
Muffin Meal  
PB & J Pack  
Peaches  
Corn  
Choice of Milk

## 22 Chicken Meatball Sub With Marinara

~~~~~  
Chef's Choice Sandwich  
Muffin Meal  
PB & J Pack  
Juicy Pears  
Grape Tomatoes  
Choice of Milk

## 23 In-Service Day No School For Students

## 26 Holiday Break

## 27 Holiday Break

## 28 Holiday Break

## 29 Holiday Break

## 30 Holiday Break

### Lunch Prices: \$2.60 Full Free for Reduced

A reimbursable meal must include items from at least 3 food groups, one of those items must be a 4oz fresh vegetable and either 4oz of fresh fruit or 100% fruit juice to follow USDA guidelines for the NSLP. Any second entrée will be charged a la carte pricing to the students account.

Menu subject to change without notice due to product availability

**Milk: All Choices are rBST Hormone Free:**  
Nonfat Flavored  
Chocolate OR  
1% White

**Wellness Tip of the Month:** Did you know the first known carrots were yellow & purple? Carrots are rich in antioxidants and vitamins like Vitamin A and Beta Carotene. The USDA recommends children ages 4-8 have 1.5 cups of veggies per day.